

Encounter with Mercy
Parent Reflection Guide

You are invited to this special opportunity to dive deeper into your Catholic faith or explore it anew as your child spends time preparing for the sacraments of Reconciliation and Holy Eucharist. Use the guide to ponder what has kept you away from the sacrament of Reconciliation OR why it has been part of your Catholic practice. I invite you to open a notebook and answer the questions. Jot down thoughts that come to mind while watching the FORMED Forgiven: Episode 2. Of course, you can start with Episode 1, if you wish. Enjoy this opportunity to do your own “soul” work!

- ❖ When have you been like the adulterous woman ashamed of who she is and condemned by others? How did the encounter with Jesus change her? How has encountering Jesus affected your life?
- ❖ Do you fully accept that you are not your sin? As a parent, how do you teach this principle to your child?
- ❖ Do you find anxiety, fear, or peace in the sacrament of Reconciliation? How can you open yourself to God’s mercy and healing?
- ❖ What roadblocks do you place before yourself in coming to confession?
- ❖ Are you ready to embrace the sacrament of healing?



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